FPL hosts top DOE smart grid official

Florida Power & Light’s ability to plan and implement a large, cross-functional program was on full display recently when the company hosted a comprehensive, two-day visit from a key U.S. Department of Energy official. Chris Irwin, technical project manager, is the DOE point person with responsibility for administering the $200-million federal economic stimulus grant awarded to FPL earlier this year for Energy Smart Florida.

“This provided FPL the opportunity to clearly demonstrate our progress and capability to manage a large cross-cutting smart grid program,” said Bryan Olnick, vice president of Customer Service Smart Grid Solutions & Meter Operations. “I’m confident Mr. Irwin left with a positive impression of our organizational teamwork and our ability to handle a very large and complex project.”

FPL’s Energy Smart Florida technical managers, representing Transmission, Distribution, AMI and other business units, provided the DOE manager with a complete update of the company’s smart grid plans and management processes. In addition to numerous briefings and discussions, the team provided him with a hands-on tour and demonstration of the program’s key components.

The FPL team hosted Irwin on field visits to a number of facilities including: the Meter Technology Center, Cutler and Biscayne substations, Fleet Performance and Diagnostic Center, AMI In-Home Technology Lab, and the Juno Beach, Fla. solar test site.

“This has been an impressive visit,” Irwin said. “DOE selected FPL for its innovative and cross-cutting project. That means it’s not just metering, not just distribution, not just transmission, but a broad swath of technology implementations. This is a big project with a lot of moving parts. We see a lot of value in the things you’re building, and part of the stimulus grant process includes coming down to see the progress that’s been made to date.

“DOE’s mission is to promote energy security through reliable, clean and affordable energy – making energy a solid platform and also an engine for economic development,” he said. “Our partnership with the utilities and other grant recipients is essential.”

FPL’s Bryan Olnick said, “This was an invaluable time for us. We needed to get the DOE’s feedback that we’re headed in the right direction and keeping our commitment to them. Our team is working with DOE and doing exciting things with smart grid deployment that will help set the standards and the path forward not just for our company but for the entire industry.”
Leadership Perspective:

Legislative update with Michael Wilson

For years, NextEra Energy, Inc. has been taking action to generate clean energy and reduce greenhouse gas emissions. As a result, we have reduced our carbon dioxide emissions rate by 33 percent over the last decade, making it one of the lowest in the entire electric power sector. Energy Now spoke with NextEra Energy Vice President of Governmental Affairs Michael Wilson about federal policy toward clean energy.

Energy Now: The topic of climate change has been high on the agenda in Washington for a number of years now. Where do we come down on the issue and why?

Michael Wilson: NextEra Energy supports efforts to control the long-term detrimental effects of carbon dioxide and other greenhouse gas emissions that contribute to climate change. Embedded in our corporate mission is a culture of stewardship: Acting to control carbon is not only an insurance policy against irreversible harm, it is the right thing to do. For our customers and shareholders, we have to ensure that the approach is sensible and fair. Our focus has been on policies that would provide a predictable investment horizon for electric utilities and equitable allocation of the burden of reducing emissions within the industry. The way to do that is to ensure the price of energy includes all the costs of producing it, including the costs to society. This can be done through a carbon fee, with the proceeds “recycled” direct to consumers, through a properly designed cap-and-trade system, or through direct regulation of emissions.

EN: Comprehensive climate and energy legislation appears to be dead for this year. When do you see it coming back?

MW: To frame this properly, remember that the Environmental Protection Agency made an endangerment finding under the Clean Air Act, which now requires the agency to regulate carbon dioxide. We believe that the EPA can and will pursue this, but regulating carbon dioxide under the Clean Air Act can create problems and will draw legal challenges. We, and most of our industry, prefer that Congress itself act, to mitigate some of the potential problems and provide longer-term political certainty in the law.

While it is sound economic theory, raising prices on consumers to reduce their demand for fossil-fueled electricity and automobiles has not sat well with an electorate suffering from the worst recession since the 1930s. At the outset of the congressional debate, the consensus was that climate change was a threat and something had to be done. But the focus of politicians and many voters has moved from addressing the threat of climate change to calculating the costs to individuals and families of controlling emissions. Cap and trade has been lumped in with health care and tax increases as another burden to be imposed by Congress, and candidates are campaigning on the issue. Polls show that public support still exists for action on climate; however, that support continues to be tempered by economic concerns. So, when climate change re-emerges as an issue before the Congress, it will almost certainly have to be in a new policy incarnation that doesn’t use either the words “cap” or “trade” and can’t easily be labeled an energy tax. Having said that, climate change isn’t going away as a policy issue and we need to stay engaged.

EN: NextEra Energy also has advocated for a national Renewable Electricity Standard, and there’s some talk that it may come up for a vote this fall. What do you think the prospects are for passage?

MW: Even in the best of circumstances an RES is a difficult proposition — and these are hardly the best of circumstances. Yes, there has been a renewed bipartisan focus on passing an RES in the waning days of this session of Congress. However, it still faces some significant challenges in the current political environment. It may simply be too little, too late. The same issues that hinder the cap and trade debate exist on a smaller scale with an RES.

Congress is out of session through mid-November, and then will return only for a few weeks to take up some “must-pass” legislation. It will be very difficult for them to consider and pass an RES. However, the desire for a policy that promotes renewable energy will continue into the next Congress when some action on broader energy policy is expected.

EN: If we don’t get an RES or a price on carbon, where does that leave us?

MW: Whether the Congress takes action in the very near future or in the longer term, NextEra Energy will continue to pursue the prudent course of reducing emissions from our generation fleet and building non-emitting generation. Just because cap and trade proved to be politically unpopular doesn’t mean that the problem it was intended to address has gone away. The EPA will act with or without the Congress. Our industry’s position is also evolving. I believe the public expects generating companies to continue to reduce emissions and to pursue cleaner generating alternatives for both environmental and national security reasons. As a company, we are positioned to prosper under a variety of likely energy scenarios.

EN: What do you think will happen with dividend taxes — will Congress allow them to increase from 15 to 39.6 percent next year?

MW: The current tax policy of lower rates on dividends and capital gains expires at the end of 2010, along with personal income tax rates. One of the driving forces in the current election cycle is the impact of increasing tax rates during a recession. Many fear that increasing taxes will smother the chances of a real economic recovery. As this fairly widespread fear continues to manifest itself in the polls and likely in the elections, pressure will build to extend existing tax policy in a lame-duck session expected in December or, perhaps more likely, in January 2011. If lawmakers correctly judge the mood of the country and future prospects in the 2012 elections, it is likely that current tax policy will be extended for a couple of years.

Employees can take action to help stop a dividend tax hike by calling or sending an e-mail to members of Congress. Visit www.DefendMyDividend.org for details and to stay informed on the issue.
NextEra Energy earns recognition for sustainability

NextEra Energy Inc.’s commitment to being a clean energy leader is earning the company well-deserved recognition. In recent weeks, NextEra Energy was named to the Dow Jones Sustainability Index for the second year in a row and to the Carbon Disclosure Leadership Index for the third year in a row. The DJSI North America selects the top 20 percent of companies in sustainability performance from the 600 largest companies in North America. The corporate sustainability assessments on which this year’s DJSI was based included more than 100 economic, environmental and social variables, with a focus on long-term development of corporate value.

“It’s a tremendous honor to be named to the Dow Jones Sustainability Index,” said Lew Hay, NextEra Energy chairman and CEO. Underscoring the importance of both environmental and economic performance, he said, “We are the nation’s No. 1 producer of renewable energy from the wind and the sun, and we’ve outperformed the S&P 500 in total shareholder return by 262 percentage points over the 10 years ending in 2009.”

The Carbon Disclosure Leadership Index is produced by the Carbon Disclosure Project, a not-for-profit organization that reports on the business risks and opportunities of climate change for investors. NextEra Energy was recognized for its commitment to acknowledging the risks of climate change and to reducing greenhouse gas emissions.

“We’ve worked hard to reduce our carbon dioxide emissions rate by 33 percent over the last decade, making it one of the lowest in the entire electric power sector,” said Armando Pimentel, NextEra Energy’s executive vice president of finance and chief financial officer. “In fact, 93 percent of the electricity we produced last year was from low-emissions natural gas and renewables.”

Employees honored at Community Ambassadors luncheons

Andre Dawson, 2010 Baseball Hall of Fame inductee, and Lydia I. Muniz, chief executive officer of Big Brothers Big Sisters of Greater Miami, were guest speakers at the 2010 Community Ambassador luncheons in the Juno Beach, Fla. office and the General Office in Miami.

The ceremonies honored all employees who give back to their communities through volunteering. Winners of the Outstanding Volunteer awards were Alex Perdomo, Florida Power & Light principal rate analyst, and the FPL/NextEra Energy Inc. Law Department.

Change is coming – SAP One project update

A team of more than 120 employees from across NextEra Energy companies has been working diligently to meet the SAP One target launch date of Jan. 3, 2011. That is the date when Florida Power & Light and FPL Energy Services will roll over into a newly consolidated financial and integrated supply chain system. This is the same system NextEra Energy Resources is currently using.

“Going to one SAP system will simplify our systems and process landscape, while still allowing for business flexibility,” said NextEra Energy, Inc. Executive Vice President of Finance and Chief Financial Officer Armando Pimentel. “The ability to standardize the way we collect, analyze and report information will help minimize operating risk, as well as more effectively manage costs, risk, work and performance.”

All FPL and FPLES employees will be affected one way or another by the SAP One implementation. The major change is moving from a work order numbering system the company has used for decades to a new internal order structure. This will impact employees’ expense reports and timesheets.

FPL and FPLES employees involved with supply chain or financial systems will experience significant changes:

- All financial budgeting, forecasting and reporting will be impacted
- Receiving goods or services and approving vendor payment will be impacted
- All financial budgeting, forecasting and reporting will be impacted
- SAP One will be replaced in SAP One with new process using shopping carts
- ePro will be replaced in SAP One with new process using shopping carts
- Procurement and accounts payable functionality will be different
- All financial budgeting, forecasting and reporting will be impacted

At Energy Resources and FPL FiberNet we anticipate minimal impact across their SAP landscape; there will be a few changes including:

- Enhancements to procurement and accounts payable functionality
- Automated inter-company charges between FPL, Energy Resources and FiberNet

Learn more at eWeb/SAP

Vol. 2 No. 10 | October 2010
**Save money – take a health assessment**

NextEra Energy recognizes that health care represents a significant expense to employees. Despite our best efforts to control rising costs of health care, they continue to increase for all of us. As a company, we will continue to pursue strategies to manage the costs of our programs but it will be important that we work together to help bend the cost curve. As an employee, you can help by ensuring you are doing everything within your power to maintain and improve your health and the health of your family. For 2011, we will continue to offer incentives for completing a health assessment and a health screening, and for being a non-smoker.

Employees covered under the company sponsored medical plans who take the health assessment between Oct. 1 and Dec. 15, 2010, will receive a premium credit* for all of 2011. Covered spouses may also take the health assessment to receive the premium credit.

Credit for the health assessment will appear on the employee’s first pay statement in January 2011. Employees or spouses enrolling in the NextEra Energy health plan for the first time will not be able to access the www.myCIGNA.com site until Jan. 1, 2011. Those employees and spouses may take the assessment Jan. 1 to 31, 2011, to receive the credit for all of 2011.

Employees and spouses who are covered but take the health assessment in 2011, will receive a premium credit effective the first pay period following the end of the quarter in which the employee and/or spouse completed the health assessment.

Taking a health assessment is a great way to learn more about overall health and track it over time even if you do not receive the credit. It will also provide insight into actions that are necessary to maintain or improve one’s health. A health assessment will require results for: blood pressure, total cholesterol, HDL cholesterol, height, weight and waist circumference.

To complete the health assessment, go to www.myCIGNA.com, register and create a user ID and password. For more information and instructions on completing a health assessment go to [Link to PDF or eWeb content.]

*Florida Power & Light bargaining employees and NextEra Energy Maine bargaining employees are not eligible for the premium credit. In addition, Seabrook and Point Beach White Book bargaining employees who are enrolled in the POS medical plan are not eligible for the premium credit.

---

**Elyna’s cancer journey**

Elyna Perez was diagnosed with breast cancer on Aug. 11, 2009. More than a year later, the 47-year-old accountant who works for FPL FiberNet in Miami, has undergone chemotherapy, various surgeries and radiation treatments.

It wasn’t easy, and Elyna says she could not have done it without the support of her husband, her three sons, family, friends and co-workers. Today, with her self-proclaimed “short and sassy” hairstyle, Elyna is NextEra Health & Well-Being’s face of the 2010 Miami Susan G. Komen Race for the Cure.

More important, she tells a familiar story – one about encouraging other women to have annual breast exams, to always ask questions and not to accept anything you’re told at face value. “At the first sign of something being wrong, I didn’t ask more questions,” she explained. “And it’s always going to be a question in my mind of why I didn’t investigate more closely at that time.”

Elyna’s first cancer specialist referral recommended immediate surgery, but she sought two more opinions before deciding on her own, very personal course of action. “And once you make a decision on a course of action, don’t look back,” she said.

Following year-long treatments at the University of Miami’s Sylvester Comprehensive Cancer Center and numerous surgeries, Elyna today has regular checkups, and she is upbeat and very, very thankful. “So many friends, co-workers and strangers showed so much compassion,” she said. “It really makes a big difference.”

---

**Flu season is here – take precautions, get a shot**

October marks the start of flu season, and that means it’s time to get a flu shot and take steps to protect yourself and your family.

“Influenza is a serious and highly contagious disease,” said Dr. Julie Price, medical director for NextEra Health & Well-Being health centers. “Each year in the U.S., on average, more than 200,000 people are hospitalized and 36,000 people die from seasonal flu complications.”

The Centers for Disease Control and Prevention recommends a yearly seasonal flu vaccine as the first and most important step in protecting yourself. “The 2010-2011 vaccine includes protection against three flu viruses,” said Dr. Price.

“This year, for the first time ever, the CDC is recommending that everyone — including infants 6 months and older — get a flu shot. Vaccination is particularly important for those who are at higher risk from complications of severe flu, such as infants, the elderly, pregnant women, and people with certain health conditions.”

NextEra Energy, Inc. has already started offering its free annual flu shots at many locations. The flu shot is available to all employees, spouses and dependents (ages 18 to 23), retirees and retiree spouses. Contractors can participate for a $25 fee. Be sure to check out the 2010 schedule on eWeb/flu and watch a video featuring Dr. Price about the 2010-2011 flu season.
Employee Engagement: where we’ve been, where we’re going

While our engagement survey results indicate we are making progress, we still have opportunities to improve. Since sharing the results companywide in June, senior leaders have been examining them and conducting thoughtful planning as to how to address several key areas of focus, including leadership and trust.

“There are many good things about our company and how we work together, but one of our goals is to get better at our interactions and communications on a daily basis,” said Moray Dewhurst, vice chairman and chief of staff. “We will be ready to share our plans with employees soon, and collectively we will work to make this great company even greater.”

In addition to the upcoming plans, several leadership and trust efforts have been implemented or completed.

- Executive outreach – Launched in 2008, this program puts executives in touch with employees in small, informal groups to improve dialogue and openness. The program is being expanded to include additional two-way communication opportunities. In addition, more executives will be getting involved.
- Business Unit Leader workshops – Business unit leaders held workshops to identify the corporate themes from the engagement survey results. Next, they will develop strategies to address them. Last year, the Corporate Trust Team conducted a thorough analysis of survey results and comments. The team’s two top recommendations have been implemented:
  - Communication cascade – The company put a communication cascade model into play to deliver information quickly to all employees. The model was first used for the Q2 earnings release, utilizing multiple online and video channels to inform employees about the company’s strategy and their role in it.
  - Leadership Principles 360 assessments – This program was designed to provide leaders with feedback they can use to model behaviors, such as trust building. The Leadership Principles 360 rolled out to corporate officers in early 2010; other levels of leadership will complete assessments over the next several years.

Open enrollment for 2011 medical benefits will be held from Oct. 27 through Nov. 17. A recent letter from Shaun Francis, executive vice president of Human Resources, pointed out that NextEra Energy, Inc. is making important changes to the health plans and expanding benefits as result of health care reform. Now more than ever, it is important for employees to be smart health care consumers and fully understand their health care needs before selecting a health plan.

Next year’s health plan options will feature several important changes:
- Children may be covered until the end of the month in which they turn 26 regardless of student, employment or marital status.
- Lifetime maximums have been eliminated.
- Charges for in-network preventive care have been eliminated.
- Deductibles, the amount employees pay before the plan begins to cover expenses, will increase for employee coverage and for family coverage.*
- Out-of-pocket maximums, the most employees will pay before the plan begins to cover expenses at 100 percent, will increase for individuals and families.**
- Premiums will include per-child pricing for one, two or three or more children.**

It will be important for employees to review all the open enrollment information. Employees are encouraged to understand the plan options, calculate the financial impact and choose a new plan that is a good fit for them and their families. Employee Services will offer extended office hours from 8 a.m. to 7 p.m. EST to guide employees through the evaluation and selection of benefits.

To review health benefits information beginning Oct. 20 or to enroll from work beginning Oct. 27, simply go to My HR Direct, 2011 Open Enrollment. To view information and enroll from home, go to www.NextEraEnergy.com/employeecentral, enter your company-issued SLID and password and go to My Portal at Home, My HR Direct.

*Does not apply to employees of NextEra Energy Duane Arnold 204 bargaining employees. Will not apply to NextEra Energy Seabrook bargaining employees and NextEra Energy Point Beach White Book employees if they remain in the POS medical plan

**Does not apply to Florida Power & Light bargaining employees and NextEra Energy Duane Arnold 204 bargaining employees.

Will not apply to NextEra Energy Seabrook bargaining employees and NextEra Energy Point Beach White Book employees if they remain in the POS medical plan

Be smart and choose your health plan wisely

Five easy steps to Benefits Enrollment

Open enrollment for 2011 medical benefits will be held from Oct. 27 through Nov. 17. A recent letter from Shaun Francis, executive vice president of Human Resources, pointed out that NextEra Energy, Inc. is making important changes to the health plans and expanding benefits as result of health care reform. Now more than ever, it is important for employees to be smart health care consumers and fully understand their health care needs before selecting a health plan.

Next year’s health plan options will feature several important changes:
- Children may be covered until the end of the month in which they turn 26 regardless of student, employment or marital status.
- Lifetime maximums have been eliminated.
- Charges for in-network preventive care have been eliminated.
- Deductibles, the amount employees pay before the plan begins to cover expenses, will increase for employee coverage and for family coverage.*
- Out-of-pocket maximums, the most employees will pay before the plan begins to cover expenses at 100 percent, will increase for individuals and families.**
- Premiums will include per-child pricing for one, two or three or more children.**

It will be important for employees to review all the open enrollment information. Employees are encouraged to understand the plan options, calculate the financial impact and choose a new plan that is a good fit for them and their families. Employee Services will offer extended office hours from 8 a.m. to 7 p.m. EST to guide employees through the evaluation and selection of benefits.

To review health benefits information beginning Oct. 20 or to enroll from work beginning Oct. 27, simply go to My HR Direct, 2011 Open Enrollment. To view information and enroll from home, go to www.NextEraEnergy.com/employeecentral, enter your company-issued SLID and password and go to My Portal at Home, My HR Direct.

*Does not apply to employees of NextEra Energy Duane Arnold 204 bargaining employees. Will not apply to NextEra Energy Seabrook bargaining employees and NextEra Energy Point Beach White Book employees if they remain in the POS medical plan

**Does not apply to Florida Power & Light bargaining employees and NextEra Energy Duane Arnold 204 bargaining employees.

Will not apply to NextEra Energy Seabrook bargaining employees and NextEra Energy Point Beach White Book employees if they remain in the POS medical plan
Give United is powerful

“Give United” is the key message at the heart of the 2010 corporate-wide United Way campaign.

“We have a tough economic environment and our communities desperately need help,” said Tony Rodriguez, executive vice president of the Power Generation Division and this year’s United Way Corporate co-chair with Gary Aleknavich, business manager of IBEW system Council U-4. “The United Way is one of the most effective and efficient ways to make that help happen.”

The corporate campaign will run from Oct. 25 to Nov. 5, and a specific goal is to increase United Way participation through payroll deduction. “Every contribution counts no matter how big or small and payroll deduction is the easiest way to really make a difference,” Tony said. “If every employee who doesn’t currently contribute would pledge just $2 per pay period, we could generate another $350,000 to benefit local United Way agencies. That’s powerful!”

The company encourages employees to have fun with the campaign and participate in the fundraisers and special events at individual locations. The majority of funds for United Way, however, are donated through payroll deduction.

Employees can go to eWeb/GiveUnited or click the United Way link on the corporate portal to make a pledge. Also, volunteer ambassadors will be assisting employees in making pledges or donations throughout the campaign.

United Way does what no other organization can: It unites all of us as a single community to strengthen agencies that in turn assist those who need help in our own communities. “I support United Way because if each of us contributes, we can accomplish so much more than we can as individuals,” said Willow Wagner, a 2010 United Way spokesperson for NextEra Energy, Inc.

Energy Awareness Month

October is Energy Awareness Month and NextEra Energy, Inc. employees have many reasons to celebrate. For years, our company has been taking actions to generate electricity using low- and no-carbon fuels to protect the environment.

Did you know?

• NextEra Energy is one of the cleanest electric power companies in America. In fact, if every utility were as clean as we are, CO₂ emissions from the electric power sector would be cut by 49 percent, and the total U.S. carbon dioxide emissions would be reduced by 21 percent.

• NextEra Energy operates eight nuclear units in four states with zero emissions.

• Energy Resources is the largest generator of wind-powered electricity in North America.

• In California’s Mojave Desert, Energy Resources operates the largest solar power plant in the world.

And, at Florida Power & Light, we remain committed to using energy more efficiently. For example,

• FPL’s programs to encourage customers to use energy more efficiently have made us a national leader for demand-side management, according to recent U.S. Department of Energy data.

• At FPL, we have partnered with customers to avoid the need to build 13 medium-size power plants since 1981, avoiding more than 4.4 million megawatt-hours of electricity and an associated 2.44 million tons of CO₂ in 2009.

• Since 1981, we have performed 2.8 million energy-saving audits to educate our customers on ways to be more energy efficient.

Become a fan of energy efficiency at www.facebook.com/FPLConnect.

Six Sigma project studies wind turbine efficiency

Energy Resources Business Manager Joe Farrigian recently used some of the tools he picked up during his Six Sigma training to prove that the Cabazon Wind Energy Center in California could be more efficient.

“The Power Generation Division provides a monthly performance report that shows what the maximum kilowatts would be from any given turbine,” explained Joe. “So, through my Green Belt project, we graphed that information for 2009 and found 11 of the 52 turbines were not performing as expected.”

Joe provided the information to the site, which began identifying the issues and making improvements, including some blade repairs, balance adjustments and tower structure replacements. Work has been completed on five turbines, with plans in place to address the other six.

The result will be increased power production and revenue by 7 percent, more importantly, project contribution in terms of net income will increase by more than 120 percent. “We’re now replicating the process for another California wind site and others,” Joe said. “I’m excited to be involved in an effort that adds such significant value to the site and the company.”

Recognizing ZERO Today! Rewards

“Recognizing ZERO Today!” is NextEra Energy, Inc.’s rewards program highlighting injury-free locations and employees. Below are the winners.

<table>
<thead>
<tr>
<th>One-Year Award</th>
<th>Silver-Level Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Customer Service</td>
<td>Customer Service</td>
</tr>
<tr>
<td>Cocoa/ Sanford Meter Reading</td>
<td>Residential Energy Services</td>
</tr>
<tr>
<td>Treasure Coast Meter Reading</td>
<td>Broward – 4 years</td>
</tr>
<tr>
<td>Fort Myers Meter Reading</td>
<td>Northwest Meters – 3 years</td>
</tr>
<tr>
<td>Distribution</td>
<td></td>
</tr>
<tr>
<td>Boynton</td>
<td>Equipment Repair Center – 4 years</td>
</tr>
<tr>
<td>Jupiter</td>
<td></td>
</tr>
<tr>
<td>Treasure Coast Operations</td>
<td></td>
</tr>
<tr>
<td>Integrated Supply Chain</td>
<td>Power Generation – Thermal &amp; Hydro</td>
</tr>
<tr>
<td>Juno Beach Office</td>
<td>Androscoggin – 4 years</td>
</tr>
<tr>
<td>General Office</td>
<td>Cherokee – 6 years</td>
</tr>
<tr>
<td>Power Generation – Wind</td>
<td>Sayreville – 4 years</td>
</tr>
<tr>
<td>General Office</td>
<td>Power Generation – Wind</td>
</tr>
<tr>
<td>Power Generation – Florida</td>
<td>New Mexico – 4 years</td>
</tr>
<tr>
<td>Central Maintenance North Region</td>
<td>Transmission &amp; Substation</td>
</tr>
<tr>
<td>Power Generation – Wind</td>
<td>St. Johns Service Center – 6 years</td>
</tr>
<tr>
<td>Victory Garden</td>
<td>Midway Substation – 3 years</td>
</tr>
<tr>
<td>Salt Flats WPP 94-TX</td>
<td></td>
</tr>
<tr>
<td>Gold-Level Award</td>
<td>Two Years</td>
</tr>
<tr>
<td>Fleet Services</td>
<td>Customer Service</td>
</tr>
<tr>
<td>St. Lucie Nuclear – 8 years</td>
<td>Dade South Meter Reading</td>
</tr>
<tr>
<td>North Area Meters</td>
<td></td>
</tr>
<tr>
<td>Power Generation – Thermal &amp; Hydro</td>
<td>Power Generation – Thermal &amp; Hydro</td>
</tr>
<tr>
<td>Bayswater + Jamaica Bay</td>
<td>Doswell</td>
</tr>
<tr>
<td>Transmission &amp; Substation</td>
<td>P &amp; C Dade</td>
</tr>
<tr>
<td>Power Supply Dispatcher</td>
<td></td>
</tr>
</tbody>
</table>
Volunteers help prepare troops for winter

Employees of NextEra Energy, Inc. companies are doing their part to prepare U.S. troops to face cold winter weather overseas by launching “Operation: Warm & Fuzzy.” About 15 volunteers have worked since June to knit more than 150 liners for helmets.

Approximately eight liners went to employees in the U.S. Reserves who are or will be stationed overseas. The remaining liners were donated to the Forgotten Soldier Outreach and the shipment was made this month from Lake Worth, Fl.

Deborah Herron, paralegal with Florida Power & Light’s Law Department, spearheaded the effort and even taught volunteers how to knit for the first time. Each helmet liner required between eight to 12 hours of work, depending on the knitter’s skill level. “We have had employee veterans contact us to say ‘thank you’ for doing this work,” Deborah said. “Although the liners were a small token of our gratitude to our service men and women, it was one from our hearts.”

Paul Wood is a published poet

It would seem an astonishing journey to most of us — one day you’re sitting in a coffee house in Istanbul, and several months later you’re living in a small town in Iowa — but not to Paul Wood.

The interesting journey of Paul’s life has led him from his native Britain to the Middle East and Asia and now to Palo, Iowa, where he’s a sourcing leader (contracts manager) at NextEra Energy Resources’ Duane Arnold Energy Center. Paul joined the company a year ago.

Paul has been a British “bobby” (policeman), has worked in the oil and gas business as a contracts manager, been the United Kingdom National Scrabble Champion and traveled to many of the world’s most exotic places. The one constant has been writing, which he started when he was 11. He has had three books published, and another is set for release later this year.

Before settling in Iowa, Paul says his friends called him a nomadic Renaissance man. In addition to writing poetry and prose, he also sings, composes music, paints, lectures, holds readings and conducts writing workshops.

The Traveling Heart and Tales of Nomadic Socks are collections of his poems. “I’ve written poetry for many years,” Paul explained. “It’s cathartic. It comes from my heart.”

Here Comes Cousin Albert is a children’s book written in verse; its title character is modeled on the mischievous adventures of his own childhood.

“Poetry is a wonderful medium,” he said. “I want children to love poetry, and I want them to learn to read it.”

Whether it’s working in NextEra Energy Resources’ Power Marketing group in Juno Beach, Fla., or dancing in the air, Tina Reine knows how to be creative.

Tina, manager of Carbon Markets for NextEra Energy Resources, displays her aerial fabric skills.

Up in the air with Tina Reine

Tina Reine, manager of Carbon Markets, for NextEra Energy Resources, displays her arial fabric skills.

Up in the air with Tina Reine

Tina, manager of Carbon Markets, uses innovation to make serious business deals that involve selling carbon credits to companies that want to offset their carbon emissions. That same creativity is also seen in her aerial fabric performances, similar to those in Cirque du Soleil.

Tina pursued a career as a dancer after receiving her bachelor’s degree, “My goal was to be able to audition for a New York show,” Tina said. After two years of dance lessons, Tina auditioned and landed jobs in off-Broadway shows, in Las Vegas and on cruise lines. She performed for five years and then decided to continue her education, earning a master’s degree.

In 2008, Tina joined NextEra Energy Resources, though she continued dancing via aerial fabric performances. “I’d like to inspire people to pursue their dreams, and knowing that anything is possible,” Tina said. “Our only limitations are those that we put on ourselves.”

GIVE UNITED

October 25 - November 5
eWeb/GiveUnited
The Big Picture

Stealing lightning’s thunder to improve reliability

Did you know Florida ranks first in lightning strikes in the U.S.? The state is home to a lot of extreme weather, and lightning is a frequent cause of power outages and flickers. That’s why Florida Power & Light engineers are researching ways to reduce lightning’s impact on the company’s electric system.

At the FPL Transmission & Substation’s Reliability Assurance Center, the team is creating high-voltage electrical pulses to test performance of the equipment and insulators. Using simulated lightning, employees in the lab gather data and determine how to prevent outages by minimizing equipment damage.

Still, some outages are inevitable. When they occur, FPL responds quickly to restore service. In fact, FPL’s restoration time is the fastest among major utilities nationwide. Watch a video of our lightning research in action at www.youtube.com/FPL, “Stealing Lightning’s Thunder to Improve Reliability.” Also, go to www.FPL.com/reliability to learn more about how FPL is working every day to improve service reliability.