



GO Health Center
9250 W Flagler Street
Miami, FL 33174
Phone: (305) 552-2342
Fax: (305) 552-2099

Juno Beach Health Center*
700 Universe Boulevard
Juno Beach, FL 33408
Phone: (561) 694-6212
Fax: (561) 694-6224

LFO Health Center
4200 W Flagler Street
Miami, FL 33134
Phone: (305) 569-4125
Fax: (305) 569-4124

Instructions for New Patient Office Visit

- 1) Please arrive at least 15 minutes early to allow time for registration.
- 2) Please complete the new patient forms and bring them to your appointment.
- 3) Employees need to bring insurance card and NextEra Energy I.D badge.
- 4) Spouses need to bring insurance card and proof of ID
- 5) Dependents need to bring insurance card and ID with proof of age.
- 6) Bring your co pay amount in the form of cash, check or credit card (VISA or MC)
- 8) Bring a list of all current medications & supplements you are taking including the doses and how often you are taking them.
- 9) If you are scheduled for a physical exam and fasting blood work, do not eat anything after midnight the night before your appointment, but **please drink plenty of water.**
- 10) If you are fasting, you still need to take all your medications in the morning as you normally would, except your diabetes medication.
- 11) If you are scheduled for physical exam please do not apply body lotion to your skin before your visit. Lotion makes it difficult to perform an electrocardiogram or apply tape.

* Two Health Center Parking spaces are provided at the Juno Beach facility for spouses and dependents in the visitor parking section near the main entrance.

Revised 5/2017