



Guidelines for the Rebate Program Employee Fitness Center and Weight Management Programs

Rebates can be submitted annually and at any time during the year. All rebate forms are due by December 5, 2014 to be eligible for 2014.

Fitness Center Rebate

If a NextEra Health & Well-Being fitness center is not convenient, you and your eligible family members that are covered under a NextEra medical plan are eligible for an annual rebate when you join a local fitness center. If you have an on-site NextEra Health & Well-Being fitness center at your work location, you and each of your dependents (spouses, same gender partners and dependents ages 16-25) are eligible for up to \$75 annually. If you do not have a NextEra Health & Well-Being fitness center at your work location, you and each of your dependents are eligible for up to \$150 annually.

To be eligible for the annual rebate, you must exercise at least twice a week for a period of 12 consecutive weeks. To obtain your rebate, please go to myportal/myhealth in eWeb, and click on Health Forms, complete the **Employee Fitness Rebate Request Form** and submit to the address at the bottom of the form. For more information or any questions, please call the NextEra Health & Well-Being program at 305-552-4880.

Weight Management Rebate

Upon successful completion of a Weight Watchers Program*, employees, spouses same gender partners and dependents (ages 16 – 25) are eligible for a rebate (\$75 per person; \$125 for retirees and non-FL NextEra Employees).

Upon successful completion of on-site Steps to Success program, employees, spouses, same gender partners and dependents (ages 16-25) are eligible for a rebate of up to \$75 per person. Successful completion will be determined by the nutrition, fitness and behavioral coaches.

To obtain your rebate, please go to myportal/myhealth in eWeb, and click on Health Forms complete the **Employee Weight Management Rebate Request Form** and submit to the address at the bottom of the form. For more information or any questions, please call the NextEra Health & Well-Being program at 305-552-4880.

*Please note successful completion of the Weight Watcher program is 80% attendance at on-site or community programs and 80% completion for at least 12 weeks of on-line Weight Watcher tracking. A copy of your attendance booklet and online log must also be submitted.

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